



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Lorenz, Richard**

Club: Stiflers Erben

Number: 428

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:17:35

Speed: 9.59 km/h

Running performance: 6:03 min/km

Rank in course/Total: 137 (of 244)

Rank in course/Men: 107 (of 177)

Best time in course: 1:31:43

Rank in category: 22(of 25)

Best time in the category: 1:32:02

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:52	5:11	18	4:54	63	4:54	3.25	16:52	5:11	18	4:54	63	4:54
Lap 2	3.25	16:27	5:03	18	3:52	52	3:52	6.50	33:19	5:07	19	8:46	59	8:46
Lap 3	3.25	16:53	5:11	17	3:43	51	4:09	9.75	50:12	5:08	18	12:27	55	12:27
Lap 4	3.25	18:18	5:37	20	4:52	84	5:05	13.00	1:08:30	5:16	19	17:19	60	17:19
Lap 5	3.25	20:32	6:19	21	7:00	115	7:16	16.25	1:29:02	5:28	19	24:05	74	24:05
Lap 6	3.25	22:51	7:01	23	9:06	143	9:30	19.50	1:51:53	5:44	21	33:11	89	33:11
Last lap Finish	3.25	25:42	7:54	25	12:22	155	12:54	22.75	2:17:35	6:02	22	45:33	107	45:52