



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Lo Cicero, Giuseppe**

Club: Fuldata1

Number: 426

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:17:56

Speed: 9.57 km/h

Running performance: 6:04 min/km

Rank in course/Total: 139 (of 244)

Rank in course/Men: 108 (of 177)

Best time in course: 1:31:43

Rank in category: 13(of 23)

Best time in the category: 1:57:26

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:31	6:00	16	4:50	133	7:33	3.25	19:31	6:00	16	4:50	133	7:33
Lap 2	3.25	18:07	5:34	11	2:45	105	5:32	6.50	37:38	5:47	11	7:35	115	13:05
Lap 3	3.25	18:18	5:37	10	1:10	96	5:34	9.75	55:56	5:44	11	8:25	109	18:11
Lap 4	3.25	18:44	5:45	8	1:16	93	5:31	13.00	1:14:40	5:44	11	9:41	105	23:29
Lap 5	3.25	19:49	6:05	12	2:19	100	6:33	16.25	1:34:29	5:48	12	11:26	105	29:32
Lap 6	3.25	21:12	6:31	12	3:27	109	7:51	19.50	1:55:41	5:55	12	14:53	109	36:59
Last lap Finish	3.25	22:15	6:50	15	5:37	123	9:27	22.75	2:17:56	6:03	13	20:30	108	46:13