



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Pannicke, Markus

Club: EMAG Leipgig

Number: 457

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:18:01

Speed: 9.89 km/h

Running performance: 6:04 min/km

Rank in course/Total: 140 (of 244)

Rank in course/Men: 109 (of 177)

Best time in course: 1:31:43

Rank in category: 17(of 21)

Best time in the category: 1:31:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:15	5:18	15	4:29	75	5:17	3.25	17:15	5:18	15	4:29	75	5:17
Lap 2	3.25	17:55	5:30	17	5:03	97	5:20	6.50	35:10	5:24	16	9:26	84	10:37
Lap 3	3.25	18:04	5:33	16	5:20	88	5:20	9.75	53:14	5:27	16	14:46	86	15:29
Lap 4	3.25	18:48	5:47	16	5:35	94	5:35	13.00	1:12:02	5:32	15	20:12	89	20:51
Lap 5	3.25	20:18	6:14	17	7:02	104	7:02	16.25	1:32:20	5:40	15	27:14	91	27:23
Lap 6	3.25	22:36	6:57	18	9:15	137	9:15	19.50	1:54:56	5:53	17	36:14	104	36:14
Last lap Finish	3.25	23:05	7:06	18	10:17	136	10:17	22.75	2:18:01	6:04	17	46:18	109	46:18