



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Gerbers, Matthias

Club: artiva
Number: 353

Course: 22.75 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:18:36

Speed: 9.52 km/h
Running performance: 6:05 min/km

Rank in course/Total: 141 (of 244)

Rank in course/Men: 110 (of 177)

Best time in course: 1:31:43

Rank in category: 22(of 34)

Best time in the category: 1:38:53

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:27	5:40	21	5:10	107	6:29	3.25	18:27	5:40	21	5:10	107	6:29
Lap 2	3.25	18:35	5:43	22	4:39	115	6:00	6.50	37:02	5:41	21	9:49	105	12:29
Lap 3	3.25	19:20	5:56	23	5:19	119	6:36	9.75	56:22	5:46	22	14:48	111	18:37
Lap 4	3.25	19:30	6:00	23	5:17	109	6:17	13.00	1:15:52	5:50	23	20:03	116	24:41
Lap 5	3.25	20:22	6:15	22	6:15	108	7:06	16.25	1:36:14	5:55	23	25:57	114	31:17
Lap 6	3.25	21:33	6:37	25	7:43	124	8:12	19.50	1:57:47	6:02	23	33:03	113	39:05
Last lap Finish	3.25	20:49	6:24	20	6:55	100	8:01	22.75	2:18:36	6:05	22	39:43	110	46:53