



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Klug, Daniela

Club: SV Birkenhard

Number: 256

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 48:35

Speed: 11.11 km/h

Running performance: 4:59 min/km

Rank in course/Total: 36 (of 220)

Rank in course/Women: 5 (of 94)

Best time in course: 40:57

Rank in category: 1(of 15)

Best time in the category: 48:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women						Pos Women	Behind Women
Lap 1	3.25	16:26	5:03	1	-	9	3:29	3.25	16:26	5:03	1	-	9	3:29
Lap 2	3.25	16:00	4:55	1	-	5	15:59	6.50	32:26	4:59	1	-	6	15:28
Last lap Finish	3.25	16:09	4:58	1	-	5	2:03	9.75	48:35	4:58	1	-	5	7:38