



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schoor, Kai

Club: Artiva
Number: 497

Course: 22.75 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:18:36

Speed: 9.85 km/h
Running performance: 6:05 min/km

Rank in course/Total: 142 (of 244)

Rank in course/Men: 110 (of 177)

Best time in course: 1:31:43

Rank in category: 18(of 21)

Best time in the category: 1:31:43

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.25	18:04	5:33	19	5:18	98	6:06	3.25	18:04	5:33	19	5:18	98	6:06
Lap 2	3.25	18:20	5:38	20	5:28	110	5:45	6.50	36:24	5:35	19	10:40	100	11:51
Lap 3	3.25	19:16	5:55	20	6:32	117	6:32	9.75	55:40	5:42	19	17:12	105	17:55
Lap 4	3.25	19:10	5:53	17	5:57	103	5:57	13.00	1:14:50	5:45	18	23:00	107	23:39
Lap 5	3.25	21:03	6:28	18	7:47	126	7:47	16.25	1:35:53	5:54	18	30:47	113	30:56
Lap 6	3.25	21:54	6:44	17	8:33	130	8:33	19.50	1:57:47	6:02	18	39:05	113	39:05
Last lap Finish	3.25	20:49	6:24	16	8:01	100	8:01	22.75	2:18:36	6:05	18	46:53	110	46:53