



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

FINGAS, TORSTEN

Club: Wolfsburg

Number: 341

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:20:53

Speed: 9.69 km/h

Running performance: 6:11 min/km

Rank in course/Total: 146 (of 244)

Rank in course/Men: 115 (of 177)

Best time in course: 1:31:43

Rank in category: 13(of 30)

Best time in the category: 1:45:14

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 19:35 | 6:01 | 16 | 5:25 | 136 | 7:37 | 3.25 | 19:35 | 6:01 | 16 | 5:25 | 136 | 7:37 | |
| Lap 2 | 3.25 | 19:16 | 5:55 | 13 | 4:40 | 126 | 6:41 | 6.50 | 38:51 | 5:58 | 16 | 10:05 | 134 | 14:18 | |
| Lap 3 | 3.25 | 19:23 | 5:57 | 13 | 4:26 | 121 | 6:39 | 9.75 | 58:14 | 5:58 | 14 | 14:31 | 127 | 20:29 | |
| Lap 4 | 3.25 | 19:07 | 5:52 | 13 | 3:49 | 101 | 5:54 | 13.00 | 1:17:21 | 5:56 | 13 | 18:20 | 119 | 26:10 | |
| Lap 5 | 3.25 | 20:30 | 6:18 | 13 | 5:02 | 112 | 7:14 | 16.25 | 1:37:51 | 6:01 | 13 | 23:22 | 119 | 32:54 | |
| Lap 6 | 3.25 | 21:16 | 6:32 | 14 | 5:58 | 112 | 7:55 | 19.50 | 1:59:07 | 6:06 | 13 | 29:20 | 119 | 40:25 | |
| Last lap Finish | 3.25 | 21:46 | 6:41 | 15 | 6:19 | 111 | 8:58 | 22.75 | 2:20:53 | 6:11 | 13 | 35:39 | 115 | 49:10 | |