



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Rodi, Hanspeter

Club: SV Birkenhard

Number: 474

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:21:17

Speed: 9.66 km/h

Running performance: 6:13 min/km

Rank in course/Total: 149 (of 244)

Rank in course/Men: 118 (of 177)

Best time in course: 1:31:43

Rank in category: 5(of 10)

Best time in the category: 1:45:03

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 18:43 | 5:45 | 7 | 3:39 | 117 | 6:45 | 3.25 | 18:43 | 5:45 | 7 | 3:39 | 117 | 6:45 |
| Lap 2 | 3.25 | 18:33 | 5:42 | 5 | 3:08 | 114 | 5:58 | 6.50 | 37:16 | 5:44 | 5 | 6:47 | 108 | 12:43 |
| Lap 3 | 3.25 | 18:44 | 5:45 | 4 | 3:38 | 108 | 6:00 | 9.75 | 56:00 | 5:44 | 5 | 10:25 | 110 | 18:15 |
| Lap 4 | 3.25 | 19:41 | 6:03 | 5 | 4:47 | 114 | 6:28 | 13.00 | 1:15:41 | 5:49 | 5 | 15:12 | 113 | 24:30 |
| Lap 5 | 3.25 | 21:20 | 6:33 | 5 | 6:24 | 135 | 8:04 | 16.25 | 1:37:01 | 5:58 | 6 | 21:36 | 116 | 32:04 |
| Lap 6 | 3.25 | 22:05 | 6:47 | 5 | 7:12 | 132 | 8:44 | 19.50 | 1:59:06 | 6:06 | 6 | 28:48 | 118 | 40:24 |
| Last lap Finish | 3.25 | 22:11 | 6:49 | 5 | 7:26 | 121 | 9:23 | 22.75 | 2:21:17 | 6:12 | 5 | 36:14 | 118 | 49:34 |