



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Rodi, Hanspeter

Club: SV Birkenhard

Number: 474

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:21:17

Speed: 9.34 km/h

Running performance: 6:13 min/km

Rank in course/Total: 149 (of 244)

Rank in course/Men: 118 (of 177)

Best time in course: 1:31:43

Rank in category: 5(of 10)

Best time in the category: 1:45:03

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	18:43	5:45	7	3:39	117	6:45	3.25	18:43	5:45	7	3:39	117	6:45
Lap 2	3.25	18:33	5:42	5	3:08	114	5:58	6.50	37:16	5:44	5	6:47	108	12:43
Lap 3	3.25	18:44	5:45	4	3:38	108	6:00	9.75	56:00	5:44	5	10:25	110	18:15
Lap 4	3.25	19:41	6:03	5	4:47	114	6:28	13.00	1:15:41	5:49	5	15:12	113	24:30
Lap 5	3.25	21:20	6:33	5	6:24	135	8:04	16.25	1:37:01	5:58	6	21:36	116	32:04
Lap 6	3.25	22:05	6:47	5	7:12	132	8:44	19.50	1:59:06	6:06	6	28:48	118	40:24
Last lap Finish	3.25	22:11	6:49	5	7:26	121	9:23	22.75	2:21:17	6:12	5	36:14	118	49:34