



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Bruns, Jacob

Club: Fuldata1

Number: 320

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:21:34

Speed: 9.64 km/h

Running performance: 6:13 min/km

Rank in course/Total: 151 (of 244)

Rank in course/Men: 119 (of 177)

Best time in course: 1:31:43

Rank in category: 7(of 8)

Best time in the category: 1:47:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	19:59	6:08	7	5:30	141	8:01	3.25	19:59	6:08	7	5:30	141	8:01
Lap 2	3.25	20:00	6:09	7	5:31	144	7:25	6.50	39:59	6:09	7	10:55	145	15:26
Lap 3	3.25	19:31	6:00	7	4:28	126	6:47	9.75	59:30	6:06	7	15:23	136	21:45
Lap 4	3.25	20:18	6:14	7	5:00	126	7:05	13.00	1:19:48	6:08	7	20:10	133	28:37
Lap 5	3.25	20:26	6:17	7	4:40	110	7:10	16.25	1:40:14	6:10	7	24:50	126	35:17
Lap 6	3.25	20:42	6:22	6	4:50	102	7:21	19.50	2:00:56	6:12	7	29:40	122	42:14
Last lap Finish	3.25	20:38	6:20	6	4:51	97	7:50	22.75	2:21:34	6:13	7	34:31	119	49:51