



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Sonnenschein, Yvonne

Club: Felsberg

Number: 511

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:23:52

Speed: 9.18 km/h

Running performance: 6:19 min/km

Rank in course/Total: 159 (of 244)

Rank in course/Women: 33 (of 67)

Best time in course: 1:47:05

Rank in category: 6(of 16)

Best time in the category: 1:56:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:02	6:09	6	4:24	39	5:39	3.25	20:02	6:09	6	4:24	39	5:39
Lap 2	3.25	19:36	6:01	6	3:39	36	4:41	6.50	39:38	6:05	6	8:03	35	10:20
Lap 3	3.25	19:59	6:08	6	3:31	34	5:01	9.75	59:37	6:06	6	11:34	34	15:20
Lap 4	3.25	20:23	6:16	6	3:29	34	4:58	13.00	1:20:00	6:09	6	15:03	34	20:18
Lap 5	3.25	20:50	6:24	6	3:57	36	5:06	16.25	1:40:50	6:12	6	19:00	33	25:18
Lap 6	3.25	21:10	6:30	5	4:03	33	5:37	19.50	2:02:00	6:15	6	23:03	33	30:37
Last lap Finish	3.25	21:52	6:43	5	4:48	35	6:43	22.75	2:23:52	6:19	6	27:51	33	36:47