



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Simon, Thomas**

Club: TG Groß Karben

Number: 510

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:24:07

Speed: 9.47 km/h

Running performance: 6:20 min/km

Rank in course/Total: 162 (of 244)

Rank in course/Men: 128 (of 177)

Best time in course: 1:31:43

Rank in category: 17(of 23)

Best time in the category: 1:57:26

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 3.25        | 19:24         | 5:58            | 14          | 4:43           | 131         | 7:26          | 3.25          | 19:24         | 5:58            | 14          | 4:43           | 131        | 7:26          |
| Lap 2           | 3.25        | 19:36         | 6:01            | 18          | 4:14           | 134         | 7:01          | 6.50          | 39:00         | 6:00            | 18          | 8:57           | 135        | 14:27         |
| Lap 3           | 3.25        | 20:03         | 6:10            | 16          | 2:55           | 133         | 7:19          | 9.75          | 59:03         | 6:03            | 18          | 11:32          | 134        | 21:18         |
| Lap 4           | 3.25        | 19:51         | 6:06            | 15          | 2:23           | 118         | 6:38          | 13.00         | 1:18:54       | 6:04            | 15          | 13:55          | 123        | 27:43         |
| Lap 5           | 3.25        | 21:08         | 6:30            | 18          | 3:38           | 129         | 7:52          | 16.25         | 1:40:02       | 6:09            | 16          | 16:59          | 124        | 35:05         |
| Lap 6           | 3.25        | 22:14         | 6:50            | 17          | 4:29           | 136         | 8:53          | 19.50         | 2:02:16       | 6:16            | 16          | 21:28          | 130        | 43:34         |
| Last lap Finish | 3.25        | 21:51         | 6:43            | 13          | 5:13           | 114         | 9:03          | 22.75         | 2:24:07       | 6:20            | 17          | 26:41          | 128        | 52:24         |