



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Trescher, Elisabeth

Club: Team Obenhaus

Number: 529

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:24:17

Speed: 9.15 km/h

Running performance: 6:20 min/km

Rank in course/Total: 163 (of 244)

Rank in course/Women: 35 (of 67)

Best time in course: 1:47:05

Rank in category: 7(of 12)

Best time in the category: 1:54:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Lap 1	3.25	20:33	6:19	10	4:52	44	6:10	3.25	20:33	6:19	10	4:52	44	6:10
Lap 2	3.25	19:28	5:59	8	3:39	33	4:33	6.50	40:01	6:09	8	8:31	36	10:43
Lap 3	3.25	19:52	6:06	7	3:56	33	4:54	9.75	59:53	6:08	8	12:27	35	15:36
Lap 4	3.25	20:37	6:20	8	4:17	36	5:12	13.00	1:20:30	6:11	8	16:44	35	20:48
Lap 5	3.25	20:34	6:19	6	3:44	34	4:50	16.25	1:41:04	6:13	8	20:28	35	25:32
Lap 6	3.25	21:43	6:40	8	4:47	38	6:10	19.50	2:02:47	6:17	7	25:15	35	31:24
Last lap Finish	3.25	21:30	6:36	7	4:19	32	6:21	22.75	2:24:17	6:20	7	29:34	35	37:12