



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Bernd, Landschreiber

Club: SG Grün Weiß 90 Pretzsch

Number: 14

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 48:50

Speed: 11.06 km/h

Running performance: 5:01 min/km

Rank in course/Total: 38 (of 220)

Rank in course/Men: 33 (of 126)

Best time in course: 35:30

Rank in category: 2(of 8)

Best time in the category: 43:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:19	4:42	2	1:30	31	4:06	3.25	15:19	4:42	2	1:30	31	4:06
Lap 2	3.25	16:38	5:07	2	1:53	37	16:37	6.50	31:57	4:54	2	3:23	34	14:36
Last lap Finish	3.25	16:53	5:11	2	2:11	33	4:41	9.75	48:50	5:00	2	5:34	33	13:20