



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Bernd, Landschreiber

Club: SG Grün Weiß 90 Pretzsch

Number: 14

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 48:50

Speed: 11.98 km/h

Running performance: 5:01 min/km

Rank in course/Total: 38 (of 220)

Rank in course/Men: 33 (of 126)

Best time in course: 35:30

Rank in category: 2(of 8)

Best time in the category: 43:16

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:19 | 4:42 | 2 | 1:30 | 31 | 4:06 | 3.25 | 15:19 | 4:42 | 2 | 1:30 | 31 | 4:06 |
| Lap 2 | 3.25 | 16:38 | 5:07 | 2 | 1:53 | 37 | 16:37 | 6.50 | 31:57 | 4:54 | 2 | 3:23 | 34 | 14:36 |
| Last lap Finish | 3.25 | 16:53 | 5:11 | 2 | 2:11 | 33 | 4:41 | 9.75 | 48:50 | 5:00 | 2 | 5:34 | 33 | 13:20 |