



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Weitz, Heiko

Club: Wartburg Sparkasse

Number: 451

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:24:27

Speed: 9.45 km/h

Running performance: 6:21 min/km

Rank in course/Total: 164 (of 244)

Rank in course/Men: 129 (of 177)

Best time in course: 1:31:43

Rank in category: 16(of 30)

Best time in the category: 1:45:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	20:33	6:19	22	6:23	153	8:35	3.25	20:33	6:19	22	6:23	153	8:35	
Lap 2	3.25	19:29	5:59	15	4:53	133	6:54	6.50	40:02	6:09	21	11:16	148	15:29	
Lap 3	3.25	19:51	6:06	15	4:54	130	7:07	9.75	59:53	6:08	18	16:10	140	22:08	
Lap 4	3.25	20:37	6:20	19	5:19	133	7:24	13.00	1:20:30	6:11	18	21:29	138	29:19	
Lap 5	3.25	20:41	6:21	16	5:13	119	7:25	16.25	1:41:11	6:13	17	26:42	133	36:14	
Lap 6	3.25	21:37	6:39	18	6:19	127	8:16	19.50	2:02:48	6:17	17	33:01	133	44:06	
Last lap Finish	3.25	21:39	6:39	14	6:12	110	8:51	22.75	2:24:27	6:20	16	39:13	129	52:44	