



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Dankic, Katica

Club: GoBurger

Number: 322

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:27:22

Speed: 8.96 km/h

Running performance: 6:29 min/km

Rank in course/Total: 174 (of 244)

Rank in course/Women: 38 (of 67)

Best time in course: 1:47:05

Rank in category: 9(of 12)

Best time in the category: 1:54:43

Intermediate times

Stage score

Total ranking

| Control | Split | | | Pos | | Behind | | Total | | | Pos | | Behind | |
|-----------------|-------|-------|--------|------|------|--------|-------|-------|---------|--------|------|-------|--------|-------|
| | km | Time | min/km | Cat. | Cat. | Women | Women | km | Time | min/km | Cat. | Cat. | Women | Women |
| Lap 1 | 3.25 | 19:56 | 6:08 | 8 | 4:15 | 37 | 5:33 | 3.25 | 19:56 | 6:08 | 8 | 4:15 | 37 | 5:33 |
| Lap 2 | 3.25 | 21:47 | 6:42 | 10 | 5:58 | 48 | 6:52 | 6.50 | 41:43 | 6:25 | 9 | 10:13 | 44 | 12:25 |
| Lap 3 | 3.25 | 21:40 | 6:40 | 9 | 5:44 | 45 | 6:42 | 9.75 | 1:03:23 | 6:30 | 9 | 15:57 | 43 | 19:06 |
| Lap 4 | 3.25 | 20:26 | 6:17 | 7 | 4:06 | 35 | 5:01 | 13.00 | 1:23:49 | 6:26 | 9 | 20:03 | 40 | 24:07 |
| Lap 5 | 3.25 | 20:39 | 6:21 | 7 | 3:49 | 35 | 4:55 | 16.25 | 1:44:28 | 6:25 | 9 | 23:52 | 39 | 28:56 |
| Lap 6 | 3.25 | 21:17 | 6:32 | 7 | 4:21 | 37 | 5:44 | 19.50 | 2:05:45 | 6:26 | 9 | 28:13 | 39 | 34:22 |
| Last lap Finish | 3.25 | 21:37 | 6:39 | 8 | 4:26 | 33 | 6:28 | 22.75 | 2:27:22 | 6:28 | 9 | 32:39 | 38 | 40:17 |