



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Stoll, Lars

Club: Glauchau

Number: 238

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 49:14

Speed: 10.97 km/h

Running performance: 5:03 min/km

Rank in course/Total: 39 (of 220)

Rank in course/Men: 34 (of 126)

Best time in course: 35:30

Rank in category: 8(of 22)

Best time in the category: 35:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:05	4:56	8	4:49	36	4:52	3.25	16:05	4:56	8	4:49	36	4:52
Lap 2	3.25	16:42	5:08	11	16:41	38	16:41	6.50	32:47	5:02	9	15:26	39	15:26
Last lap Finish	3.25	16:27	5:03	7	4:04	28	4:15	9.75	49:14	5:02	8	13:21	34	13:44