



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Bannert, Sven

Club: Team Erdinger Alkoholfrei

Number: 306

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:32:07

Speed: 8.68 km/h

Running performance: 6:41 min/km

Rank in course/Total: 186 (of 244)

Rank in course/Men: 145 (of 177)

Best time in course: 1:31:43

Rank in category: 27(of 34)

Best time in the category: 1:38:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:29	5:41	22	5:12	108	6:31	3.25	18:29	5:41	22	5:12	108	6:31	
Lap 2	3.25	19:50	6:06	28	5:54	142	7:15	6.50	38:19	5:53	25	11:06	126	13:46	
Lap 3	3.25	20:14	6:13	27	6:13	135	7:30	9.75	58:33	6:00	27	16:59	130	20:48	
Lap 4	3.25	20:50	6:24	26	6:37	136	7:37	13.00	1:19:23	6:06	27	23:34	130	28:12	
Lap 5	3.25	23:04	7:05	30	8:57	152	9:48	16.25	1:42:27	6:18	27	32:10	137	37:30	
Lap 6	3.25	24:20	7:29	30	10:30	152	10:59	19.50	2:06:47	6:30	27	42:03	143	48:05	
Last lap Finish	3.25	25:20	7:47	30	11:26	150	12:32	22.75	2:32:07	6:41	27	53:14	145	1:00:24	