



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

Ehlert, Bianca

Club: Mönchengladbach

Number: 42

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:34:02

Speed: 8.86 km/h

Running performance: 6:46 min/km

Rank in course/Total: 194 (of 244)

Rank in course/Women: 44 (of 67)

Best time in course: 1:47:05

Rank in category: 10(of 12)

Best time in the category: 1:54:43

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:32	6:19	9	4:51	43	6:09	3.25	20:32	6:19	9	4:51	43	6:09
Lap 2	3.25	21:27	6:35	9	5:38	46	6:32	6.50	41:59	6:27	10	10:29	45	12:41
Lap 3	3.25	21:46	6:41	10	5:50	46	6:48	9.75	1:03:45	6:32	10	16:19	46	19:28
Lap 4	3.25	21:55	6:44	9	5:35	39	6:30	13.00	1:25:40	6:35	10	21:54	45	25:58
Lap 5	3.25	22:41	6:58	9	5:51	45	6:57	16.25	1:48:21	6:40	10	27:45	45	32:49
Lap 6	3.25	22:23	6:53	10	5:27	41	6:50	19.50	2:10:44	6:42	10	33:12	43	39:21
Last lap Finish	3.25	23:18	7:10	10	6:07	46	8:09	22.75	2:34:02	6:46	10	39:19	44	46:57