



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Görth, Theresa

Club: Grimy Cluster

Number: 646

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:42:18

Speed: 8.13 km/h

Running performance: 7:08 min/km

Rank in course/Total: 205 (of 244)

Rank in course/Women: 51 (of 67)

Best time in course: 1:47:05

Rank in category: 7(of 7)

Best time in the category: 1:47:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:32	5:42	5	4:09	27	4:09	3.25	18:32	5:42	5	4:09	27	4:09
Lap 2	3.25	19:33	6:00	6	4:37	34	4:38	6.50	38:05	5:51	5	8:46	31	8:47
Lap 3	3.25	21:00	6:27	7	6:02	39	6:02	9.75	59:05	6:03	6	14:48	32	14:48
Lap 4	3.25	22:14	6:50	7	6:49	43	6:49	13.00	1:21:19	6:15	7	21:37	37	21:37
Lap 5	3.25	25:56	7:58	7	10:06	59	10:12	16.25	1:47:15	6:35	7	31:43	43	31:43
Lap 6	3.25	27:31	8:28	7	11:40	61	11:58	19.50	2:14:46	6:54	7	43:23	47	43:23
Last lap Finish	3.25	27:32	8:28	7	11:50	58	12:23	22.75	2:42:18	7:08	7	55:13	51	55:13