



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Teipel, Vanessa

Club: Cologne Running Crew

Number: 525

Course: 22.75 km

Halbmarathon

Category:

Frauen (20-29 Jahre)

Total time: 2:42:43

Speed: 8.11 km/h

Running performance: 7:09 min/km

Rank in course/Total: 206 (of 244)

Rank in course/Women: 52 (of 67)

Best time in course: 1:47:05

Rank in category: 3(of 4)

Best time in the category: 1:49:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:25	5:58	2	3:52	31	5:02	3.25	19:25	5:58	2	3:52	31	5:02
Lap 2	3.25	22:00	6:46	3	6:03	51	7:05	6.50	41:25	6:22	2	9:55	42	12:07
Lap 3	3.25	23:09	7:07	3	7:13	53	8:11	9.75	1:04:34	6:37	2	17:08	47	20:17
Lap 4	3.25	23:42	7:17	3	7:41	52	8:17	13.00	1:28:16	6:47	3	24:49	49	28:34
Lap 5	3.25	24:42	7:35	3	8:58	52	8:58	16.25	1:52:58	6:57	3	33:47	49	37:26
Lap 6	3.25	24:52	7:39	3	9:19	54	9:19	19.50	2:17:50	7:04	3	43:06	51	46:27
Last lap Finish	3.25	24:53	7:39	3	9:44	53	9:44	22.75	2:42:43	7:09	3	52:50	52	55:38