



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Hartung, Frank

Club: Leipzig

Number: 659

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:20:16

Speed: 9.41 km/h

Running performance: 6:10 min/km

Rank in course/Total: 145 (of 244)

Rank in course/Men: 114 (of 177)

Best time in course: 1:31:43

Rank in category: 14(of 23)

Best time in the category: 1:57:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:46	5:46	12	4:05	120	6:48	3.25	18:46	5:46	12	4:05	120	6:48	
Lap 2	3.25	19:15	5:55	15	3:53	125	6:40	6.50	38:01	5:50	13	7:58	119	13:28	
Lap 3	3.25	19:20	5:56	14	2:12	119	6:36	9.75	57:21	5:52	13	9:50	120	19:36	
Lap 4	3.25	20:06	6:11	16	2:38	120	6:53	13.00	1:17:27	5:57	13	12:28	120	26:16	
Lap 5	3.25	19:48	6:05	11	2:18	99	6:32	16.25	1:37:15	5:59	13	14:12	117	32:18	
Lap 6	3.25	20:56	6:26	11	3:11	105	7:35	19.50	1:58:11	6:03	14	17:23	116	39:29	
Last lap Finish	3.25	22:05	6:47	14	5:27	119	9:17	22.75	2:20:16	6:09	14	22:50	114	48:33	