



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Waldmann, Anja

Club: Gießen

Number: 538

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:45:15

Speed: 7.99 km/h

Running performance: 7:16 min/km

Rank in course/Total: 215 (of 244)

Rank in course/Women: 55 (of 67)

Best time in course: 1:47:05

Rank in category: 12(of 16)

Best time in the category: 1:56:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:05	6:29	11	5:27	51	6:42	3.25	21:05	6:29	11	5:27	51	6:42
Lap 2	3.25	21:50	6:43	10	5:53	49	6:55	6.50	42:55	6:36	10	11:20	50	13:37
Lap 3	3.25	22:48	7:00	10	6:20	51	7:50	9.75	1:05:43	6:44	10	17:40	51	21:26
Lap 4	3.25	24:24	7:30	14	7:30	58	8:59	13.00	1:30:07	6:55	10	25:10	53	30:25
Lap 5	3.25	25:09	7:44	15	8:16	56	9:25	16.25	1:55:16	7:05	11	33:26	54	39:44
Lap 6	3.25	24:32	7:32	12	7:25	53	8:59	19.50	2:19:48	7:10	11	40:51	54	48:25
Last lap Finish	3.25	25:27	7:49	14	8:23	56	10:18	22.75	2:45:15	7:15	12	49:14	55	58:10