



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Ueberschaer, Mario

Club: Potsdam

Number: 531

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:47:12

Speed: 7.89 km/h

Running performance: 7:21 min/km

Rank in course/Total: 217 (of 244)

Rank in course/Men: 162 (of 177)

Best time in course: 1:31:43

Rank in category: 9(of 10)

Best time in the category: 1:45:03

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	21:03	6:28	9	5:59	160	9:05	3.25	21:03	6:28	9	5:59	160	9:05
Lap 2	3.25	21:55	6:44	10	6:30	166	9:20	6.50	42:58	6:36	10	12:29	166	18:25
Lap 3	3.25	22:37	6:57	9	7:31	164	9:53	9.75	1:05:35	6:43	9	20:00	164	27:50
Lap 4	3.25	24:11	7:26	9	9:17	166	10:58	13.00	1:29:46	6:54	9	29:17	165	38:35
Lap 5	3.25	25:26	7:49	10	10:30	165	12:10	16.25	1:55:12	7:05	10	39:47	166	50:15
Lap 6	3.25	24:47	7:37	10	9:54	158	11:26	19.50	2:19:59	7:10	10	49:41	162	1:01:17
Last lap Finish	3.25	27:13	8:22	9	12:28	158	14:25	22.75	2:47:12	7:20	9	1:02:09	162	1:15:29