



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Zander, Marion

Club: Sport für Spenden

Number: 839

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 2:25:15

Speed: 9.09 km/h

Running performance: 6:23 min/km

Rank in course/Total: 167 (of 244)

Rank in course/Women: 36 (of 67)

Best time in course: 1:47:05

Rank in category: 2(of 4)

Best time in the category: 2:04:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:49	6:05	2	2:16	36	5:26	3.25	19:49	6:05	2	2:16	36	5:26
Lap 2	3.25	19:33	6:00	2	2:00	34	4:38	6.50	39:22	6:03	2	4:16	34	10:04
Lap 3	3.25	21:03	6:28	3	3:11	40	6:05	9.75	1:00:25	6:11	2	7:27	37	16:08
Lap 4	3.25	21:28	6:36	2	3:19	38	6:03	13.00	1:21:53	6:17	2	10:46	39	22:11
Lap 5	3.25	20:14	6:13	2	2:15	31	4:30	16.25	1:42:07	6:17	2	13:01	37	26:35
Lap 6	3.25	21:14	6:31	2	3:22	36	5:41	19.50	2:03:21	6:19	2	16:23	37	31:58
Last lap Finish	3.25	21:54	6:44	2	4:13	36	6:45	22.75	2:25:15	6:23	2	20:36	36	38:10