



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Nemela, Daniela

Club: TV 1964 Landshut

Number: 739

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:48:42

Speed: 8.09 km/h

Running performance: 7:25 min/km

Rank in course/Total: 219 (of 244)

Rank in course/Women: 56 (of 67)

Best time in course: 1:47:05

Rank in category: 13(of 16)

Best time in the category: 1:56:01

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	21:14	6:31	13	5:36	55	6:51	3.25	21:14	6:31	13	5:36	55	6:51
Lap 2	3.25	21:20	6:33	9	5:23	45	6:25	6.50	42:34	6:32	9	10:59	48	13:16
Lap 3	3.25	22:14	6:50	9	5:46	49	7:16	9.75	1:04:48	6:38	9	16:45	49	20:31
Lap 4	3.25	23:24	7:11	10	6:30	50	7:59	13.00	1:28:12	6:47	9	23:15	48	28:30
Lap 5	3.25	24:47	7:37	12	7:54	53	9:03	16.25	1:52:59	6:57	9	31:09	50	37:27
Lap 6	3.25	26:16	8:04	15	9:09	57	10:43	19.50	2:19:15	7:08	10	40:18	53	47:52
Last lap Finish	3.25	29:27	9:03	16	12:23	62	14:18	22.75	2:48:42	7:24	13	52:41	56	1:01:37