



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Zangmeister, Verena

Club: Tracemaker

Number: 551

Course: 22.75 km

Halbmarathon

Category:

Frauen (20-29 Jahre)

Total time: 2:52:18

Speed: 7.66 km/h

Running performance: 7:34 min/km

Rank in course/Total: 223 (of 244)

Rank in course/Women: 59 (of 67)

Best time in course: 1:47:05

Rank in category: 4(of 4)

Best time in the category: 1:49:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:02	6:28	4	5:29	49	6:39	3.25	21:02	6:28	4	5:29	49	6:39
Lap 2	3.25	22:19	6:51	4	6:22	54	7:24	6.50	43:21	6:40	4	11:51	53	14:03
Lap 3	3.25	23:43	7:17	4	7:47	58	8:45	9.75	1:07:04	6:52	4	19:38	54	22:47
Lap 4	3.25	24:02	7:23	4	8:01	54	8:37	13.00	1:31:06	7:00	4	27:39	54	31:24
Lap 5	3.25	26:16	8:04	4	10:32	60	10:32	16.25	1:57:22	7:13	4	38:11	55	41:50
Lap 6	3.25	27:05	8:19	4	11:32	60	11:32	19.50	2:24:27	7:24	4	49:43	58	53:04
Last lap Finish	3.25	27:51	8:34	4	12:42	59	12:42	22.75	2:52:18	7:34	4	1:02:25	59	1:05:13