



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Wittling, Jerome

Club: Umwelt-Campus Birkenfeld

Number: 835

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:56:11

Speed: 7.75 km/h

Running performance: 7:44 min/km

Rank in course/Total: 228 (of 244)

Rank in course/Men: 167 (of 177)

Best time in course: 1:31:43

Rank in category: 8(of 8)

Best time in the category: 1:47:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	23:18	7:10	8	8:49	176	11:20	3.25	23:18	7:10	8	8:49	176	11:20
Lap 2	3.25	24:02	7:23	8	9:33	175	11:27	6.50	47:20	7:16	8	18:16	175	22:47
Lap 3	3.25	23:49	7:19	8	8:46	171	11:05	9.75	1:11:09	7:17	8	27:02	173	33:24
Lap 4	3.25	23:47	7:19	8	8:29	162	10:34	13.00	1:34:56	7:18	8	35:18	171	43:45
Lap 5	3.25	24:35	7:33	8	8:49	161	11:19	16.25	1:59:31	7:21	8	44:07	169	54:34
Lap 6	3.25	26:26	8:07	8	10:34	161	13:05	19.50	2:25:57	7:29	8	54:41	167	1:07:15
Last lap Finish	3.25	30:14	9:18	8	14:27	169	17:26	22.75	2:56:11	7:44	8	1:09:08	167	1:24:28