



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Hofmann, Michael

Club: Team Kampf Ei

Number: 673

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:00:49

Speed: 7.30 km/h

Running performance: 7:57 min/km

Rank in course/Total: 229 (of 244)

Rank in course/Men: 168 (of 177)

Best time in course: 1:31:43

Rank in category: 33(of 34)

Best time in the category: 1:38:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	21:16	6:32	33	7:59	166	9:18	3.25	21:16	6:32	33	7:59	166	9:18
Lap 2	3.25	22:56	7:03	32	9:00	170	10:21	6.50	44:12	6:48	33	16:59	170	19:39
Lap 3	3.25	24:20	7:29	34	10:19	174	11:36	9.75	1:08:32	7:01	33	26:58	171	30:47
Lap 4	3.25	26:21	8:06	34	12:08	173	13:08	13.00	1:34:53	7:17	33	39:04	170	43:42
Lap 5	3.25	27:38	8:30	33	13:31	170	14:22	16.25	2:02:31	7:32	33	52:14	172	57:34
Lap 6	3.25	28:23	8:43	33	14:33	167	15:02	19.50	2:30:54	7:44	33	1:06:10	168	1:12:12
Last lap Finish	3.25	29:55	9:12	33	16:01	167	17:07	22.75	3:00:49	7:56	33	1:21:56	168	1:29:06