



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

### Schoppengerd, Christopher

Club: Rietberg

Number: 498

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 50:26

Speed: 11.60 km/h

Running performance: 5:10 min/km

Rank in course/Total: 46 (of 220)

Rank in course/Men: 40 (of 126)

Best time in course: 35:30

Rank in category: 11(of 22)

Best time in the category: 35:53

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:19	5:01	10	5:03	40	5:06	3.25	16:19	5:01	10	5:03	40	5:06
Lap 2	3.25	16:58	5:13	12	16:57	40	16:57	6.50	33:17	5:07	11	15:56	41	15:56
Last lap Finish	3.25	17:09	5:16	11	4:46	40	4:57	9.75	50:26	5:10	11	14:33	40	14:56