



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Hoffmann, Christian

Club: Adidas Trail Runners Jena
Number: 670

Course: 42.25 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:14:28

Speed: 13.04 km/h
Running performance: 4:36 min/km

Rank in course/Total: 7 (of 185)

Rank in course/Men: 7 (of 161)

Best time in course: 2:53:52

Rank in category: 3(of 24)

Best time in the category: 3:10:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:21	4:06	2	1:26	8	1:34	3.25	13:21	4:06	2	1:26	8	1:34
Lap 2	3.25	13:57	4:17	2	1:26	9	13:56	6.50	27:18	4:12	2	2:52	9	10:03
Lap 3	3.25	14:14	4:22	2	1:20	8	1:24	9.75	41:32	4:15	2	4:12	9	8:08
Lap 4	3.25	14:12	4:22	2	0:54	8	1:14	13.00	55:44	4:17	2	5:06	9	6:05
Lap 5	3.25	14:36	4:29	3	1:10	9	1:24	16.25	1:10:20	4:19	2	6:16	9	6:45
Lap 6	3.25	14:49	4:33	3	1:00	8	1:31	19.50	1:25:09	4:22	2	7:16	9	8:16
Lap 7	3.25	14:38	4:30	3	0:44	7	1:16	22.75	1:39:47	4:23	2	8:00	7	9:19
Lap 8	3.25	14:50	4:33	3	0:21	8	14:49	26.00	1:54:37	4:24	2	8:21	7	10:24
Lap 9	3.25	14:54	4:35	3	0:11	7	0:55	29.25	2:09:31	4:25	2	8:28	7	11:19
Lap 10	3.25	15:20	4:43	2	0:15	5	1:24	32.50	2:24:51	4:27	2	6:51	7	12:33
Lap 11	3.25	16:11	4:58	3	16:10	7	16:10	35.75	2:41:02	4:30	2	4:21	6	14:43
Lap 12	3.25	16:33	5:05	2	1:48	7	2:43	39.00	2:57:35	4:33	3	2:39	7	17:14
Last lap Finish	3.25	16:53	5:11	5	2:34	19	3:51	42.25	3:14:28	4:36	3	4:21	7	20:36