



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Kreer, Georg

Club: SCHWARZACH TRAIL Raceteam by Salomon
Number: 713

Course: 42.25 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:25:22

Speed: 12.34 km/h
Running performance: 4:52 min/km

Rank in course/Total: 11 (of 185)

Rank in course/Men: 11 (of 161)

Best time in course: 2:53:52

Rank in category: 4(of 24)

Best time in the category: 3:10:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:08	4:20	5	2:13	15	2:21	3.25	14:08	4:20	5	2:13	15	2:21
Lap 2	3.25	14:29	4:27	4	1:58	13	14:28	6.50	28:37	4:24	5	4:11	15	11:22
Lap 3	3.25	14:28	4:27	4	1:34	11	1:38	9.75	43:05	4:25	4	5:45	14	9:41
Lap 4	3.25	14:26	4:26	3	1:08	10	1:28	13.00	57:31	4:25	4	6:53	12	7:52
Lap 5	3.25	14:34	4:28	2	1:08	8	1:22	16.25	1:12:05	4:26	4	8:01	11	8:30
Lap 6	3.25	14:26	4:26	2	0:37	6	1:08	19.50	1:26:31	4:26	3	8:38	10	9:38
Lap 7	3.25	15:06	4:38	4	1:12	10	1:44	22.75	1:41:37	4:28	3	9:50	10	11:09
Lap 8	3.25	15:54	4:53	4	1:25	15	15:53	26.00	1:57:31	4:31	4	11:15	11	13:18
Lap 9	3.25	16:16	5:00	4	1:33	14	2:17	29.25	2:13:47	4:34	4	12:44	10	15:35
Lap 10	3.25	16:57	5:12	4	1:52	14	3:01	32.50	2:30:44	4:38	4	12:44	10	18:26
Lap 11	3.25	18:24	5:39	8	18:23	33	18:23	35.75	2:49:08	4:43	4	12:27	11	22:49
Lap 12	3.25	18:56	5:49	9	4:11	38	5:06	39.00	3:08:04	4:49	4	13:08	12	27:43
Last lap Finish	3.25	17:18	5:19	6	2:59	23	4:16	42.25	3:25:22	4:51	4	15:15	11	31:30