



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Wehner, Thomas

Club: Frankfurt

Number: 827

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:29:19

Speed: 12.11 km/h

Running performance: 4:57 min/km

Rank in course/Total: 13 (of 185)

Rank in course/Men: 13 (of 161)

Best time in course: 2:53:52

Rank in category: 3(of 25)

Best time in the category: 3:06:58

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:42	4:12	3	1:38	11	1:55	3.25	13:42	4:12	3	1:38	11	1:55
Lap 2	3.25	14:21	4:24	2	1:38	11	14:20	6.50	28:03	4:18	2	3:16	11	10:48
Lap 3	3.25	14:47	4:32	2	1:47	13	1:57	9.75	42:50	4:23	2	5:03	11	9:26
Lap 4	3.25	15:06	4:38	4	2:00	16	2:08	13.00	57:56	4:27	3	7:03	15	8:17
Lap 5	3.25	15:27	4:45	4	2:01	16	2:15	16.25	1:13:23	4:30	3	9:04	15	9:48
Lap 6	3.25	15:32	4:46	5	1:55	17	2:14	19.50	1:28:55	4:33	4	10:59	16	12:02
Lap 7	3.25	15:55	4:53	4	1:56	15	2:33	22.75	1:44:50	4:36	4	12:55	16	14:22
Lap 8	3.25	16:24	5:02	5	16:23	18	16:23	26.00	2:01:14	4:39	4	14:50	16	17:01
Lap 9	3.25	17:02	5:14	5	2:10	20	3:03	29.25	2:18:16	4:43	4	17:00	16	20:04
Lap 10	3.25	17:45	5:27	5	2:01	26	3:49	32.50	2:36:01	4:48	4	18:35	16	23:43
Lap 11	3.25	18:00	5:32	7	2:02	29	17:59	35.75	2:54:01	4:52	4	19:42	17	27:42
Lap 12	3.25	18:29	5:41	6	2:10	33	4:39	39.00	3:12:30	4:56	5	21:27	17	32:09
Last lap Finish	3.25	16:49	5:10	5	0:54	16	3:47	42.25	3:29:19	4:57	3	22:21	13	35:27