



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Richter, Frank

Club: FRguy

Number: 766

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:30:42

Speed: 8.76 km/h

Running performance: 6:37 min/km

Rank in course/Total: 180 (of 244)

Rank in course/Men: 141 (of 177)

Best time in course: 1:31:43

Rank in category: 21(of 30)

Best time in the category: 1:45:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	21:07	6:29	27	6:57	163	9:09	3.25	21:07	6:29	27	6:57	163	9:09	
Lap 2	3.25	19:59	6:08	21	5:23	143	7:24	6.50	41:06	6:19	24	12:20	153	16:33	
Lap 3	3.25	21:12	6:31	22	6:15	152	8:28	9.75	1:02:18	6:23	22	18:35	151	24:33	
Lap 4	3.25	20:42	6:22	20	5:24	135	7:29	13.00	1:23:00	6:23	22	23:59	147	31:49	
Lap 5	3.25	22:49	7:01	23	7:21	150	9:33	16.25	1:45:49	6:30	22	31:20	148	40:52	
Lap 6	3.25	22:47	7:00	21	7:29	140	9:26	19.50	2:08:36	6:35	23	38:49	148	49:54	
Last lap Finish	3.25	22:06	6:48	18	6:39	120	9:18	22.75	2:30:42	6:37	21	45:28	141	58:59	