



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schmitt, Thomas

Club: LANDAU RUNNING COMPANY

Number: 781

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:37:47

Speed: 11.57 km/h

Running performance: 5:09 min/km

Rank in course/Total: 23 (of 185)

Rank in course/Men: 22 (of 161)

Best time in course: 2:53:52

Rank in category: 5(of 25)

Best time in the category: 3:06:58

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:10	4:39	6	3:06	24	3:23	3.25	15:10	4:39	6	3:06	24	3:23
Lap 2	3.25	15:13	4:40	4	2:30	18	15:12	6.50	30:23	4:40	6	5:36	21	13:08
Lap 3	3.25	15:34	4:47	6	2:34	22	2:44	9.75	45:57	4:42	5	8:10	20	12:33
Lap 4	3.25	16:12	4:59	7	3:06	27	3:14	13.00	1:02:09	4:46	6	11:16	22	12:30
Lap 5	3.25	16:38	5:07	8	3:12	33	3:26	16.25	1:18:47	4:50	6	14:28	22	15:12
Lap 6	3.25	16:31	5:04	6	2:54	26	3:13	19.50	1:35:18	4:53	6	17:22	24	18:25
Lap 7	3.25	16:41	5:08	6	2:42	26	3:19	22.75	1:51:59	4:55	6	20:04	24	21:31
Lap 8	3.25	16:43	5:08	6	16:42	19	16:42	26.00	2:08:42	4:56	7	22:18	25	24:29
Lap 9	3.25	16:55	5:12	4	2:03	18	2:56	29.25	2:25:37	4:58	7	24:21	25	27:25
Lap 10	3.25	17:20	5:19	4	1:36	20	3:24	32.50	2:42:57	5:00	7	25:31	25	30:39
Lap 11	3.25	17:59	5:31	6	2:01	28	17:58	35.75	3:00:56	5:03	7	26:37	25	34:37
Lap 12	3.25	18:35	5:43	7	2:16	35	4:45	39.00	3:19:31	5:06	6	28:28	24	39:10
Last lap Finish	3.25	18:16	5:37	8	2:21	35	5:14	42.25	3:37:47	5:09	5	30:49	22	43:55