



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schütt, Silke

Club: Landau Running Company
Number: 790

Course: 42.25 km
Marathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:41:04

Speed: 11.47 km/h
Running performance: 5:14 min/km

Rank in course/Total: 29 (of 185)

Rank in course/Women: 2 (of 24)

Best time in course: 3:31:50

Rank in category: 2(of 7)

Best time in the category: 3:31:50

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:30	4:46	1	-	1	-	3.25	15:30	4:46	1	-	1	-
Lap 2	3.25	16:01	4:55	2	0:04	3	0:11	6.50	31:31	4:50	2	0:04	3	0:09
Lap 3	3.25	16:19	5:01	1	-	2	0:18	9.75	47:50	4:54	1	-	2	0:27
Lap 4	3.25	16:33	5:05	2	0:03	3	0:04	13.00	1:04:23	4:57	2	0:03	3	0:31
Lap 5	3.25	16:25	5:03	2	0:12	3	0:17	16.25	1:20:48	4:58	2	0:15	3	0:48
Lap 6	3.25	16:42	5:08	2	0:20	3	0:20	19.50	1:37:30	5:00	2	0:35	3	0:52
Lap 7	3.25	17:02	5:14	2	0:43	3	0:43	22.75	1:54:32	5:02	2	1:18	3	1:18
Lap 8	3.25	17:31	5:23	2	1:00	2	1:00	26.00	2:12:03	5:04	2	2:18	3	2:18
Lap 9	3.25	17:04	5:15	2	1:00	2	1:00	29.25	2:29:07	5:05	2	3:18	2	3:18
Lap 10	3.25	17:29	5:22	2	1:02	2	1:02	32.50	2:46:36	5:07	2	4:20	2	4:20
Lap 11	3.25	17:40	5:26	2	0:54	2	0:54	35.75	3:04:16	5:09	2	5:14	2	5:14
Lap 12	3.25	18:18	5:37	2	1:37	2	1:37	39.00	3:22:34	5:11	2	6:51	2	6:51
Last lap Finish	3.25	18:30	5:41	2	2:23	3	2:23	42.25	3:41:04	5:13	2	9:14	2	9:14