



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Bernocco, Maurizio**

Club: Pocapaglia

Number: 609

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:44:58

Speed: 11.27 km/h

Running performance: 5:19 min/km

Rank in course/Total: 36 (of 185)

Rank in course/Men: 33 (of 161)

Best time in course: 2:53:52

Rank in category: 6(of 25)

Best time in the category: 3:06:58

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:38	4:11	2	1:34	9	1:51	3.25	13:38	4:11	2	1:34	9	1:51
Lap 2	3.25	14:33	4:28	3	1:50	14	14:32	6.50	28:11	4:20	3	3:24	12	10:56
Lap 3	3.25	14:50	4:33	4	1:50	15	2:00	9.75	43:01	4:24	3	5:14	13	9:37
Lap 4	3.25	14:53	4:34	2	1:47	13	1:55	13.00	57:54	4:27	2	7:01	14	8:15
Lap 5	3.25	15:15	4:41	3	1:49	14	2:03	16.25	1:13:09	4:30	2	8:50	14	9:34
Lap 6	3.25	15:23	4:44	3	1:46	14	2:05	19.50	1:28:32	4:32	2	10:36	13	11:39
Lap 7	3.25	16:11	4:58	5	2:12	19	2:49	22.75	1:44:43	4:36	3	12:48	14	14:15
Lap 8	3.25	17:08	5:16	7	17:07	32	17:07	26.00	2:01:51	4:41	5	15:27	17	17:38
Lap 9	3.25	17:58	5:31	9	3:06	42	3:59	29.25	2:19:49	4:46	5	18:33	17	21:37
Lap 10	3.25	19:30	6:00	11	3:46	60	5:34	32.50	2:39:19	4:54	6	21:53	21	27:01
Lap 11	3.25	20:30	6:18	11	4:32	64	20:29	35.75	2:59:49	5:01	6	25:30	22	33:30
Lap 12	3.25	23:32	7:14	21	7:13	107	9:42	39.00	3:23:21	5:12	7	32:18	29	43:00
Last lap Finish	3.25	21:37	6:39	16	5:42	83	8:35	42.25	3:44:58	5:19	6	38:00	33	51:06