



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Geißler, Martin

Club: Sportlichste Politiker Deutschlands
Number: 59

Course: 9.75 km
10 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 51:23

Speed: 10.51 km/h
Running performance: 5:16 min/km

Rank in course/Total: 53 (of 220)

Rank in course/Men: 46 (of 126)

Best time in course: 35:30

Rank in category: 4(of 10)

Best time in the category: 42:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:12	5:17	5	4:23	56	5:59	3.25	17:12	5:17	5	4:23	56	5:59
Lap 2	3.25	17:00	5:13	4	2:50	42	16:59	6.50	34:12	5:15	4	7:02	49	16:51
Last lap Finish	3.25	17:11	5:17	4	3:27	42	4:59	9.75	51:23	5:16	4	9:04	46	15:53