



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schütze, Mirco

Club: Schleiden

Number: 791

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:49:11

Speed: 11.00 km/h

Running performance: 5:25 min/km

Rank in course/Total: 44 (of 185)

Rank in course/Men: 41 (of 161)

Best time in course: 2:53:52

Rank in category: 5(of 13)

Best time in the category: 2:53:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:06	5:15	4	5:19	54	5:19	3.25	17:06	5:15	4	5:19	54	5:19
Lap 2	3.25	16:25	5:03	5	16:24	46	16:24	6.50	33:31	5:09	5	16:16	48	16:16
Lap 3	3.25	16:18	5:00	5	3:28	34	3:28	9.75	49:49	5:06	5	16:25	45	16:25
Lap 4	3.25	16:10	4:58	4	3:12	26	3:12	13.00	1:05:59	5:04	5	16:20	43	16:20
Lap 5	3.25	16:27	5:03	4	3:15	27	3:15	16.25	1:22:26	5:04	5	18:51	41	18:51
Lap 6	3.25	16:36	5:06	4	3:18	28	3:18	19.50	1:39:02	5:04	5	22:09	37	22:09
Lap 7	3.25	16:42	5:08	4	3:20	27	3:20	22.75	1:55:44	5:05	5	25:16	33	25:16
Lap 8	3.25	17:14	5:18	5	3:31	35	17:13	26.00	2:12:58	5:06	5	28:45	33	28:45
Lap 9	3.25	17:28	5:22	5	3:29	30	3:29	29.25	2:30:26	5:08	5	32:14	34	32:14
Lap 10	3.25	18:49	5:47	6	4:53	46	4:53	32.50	2:49:15	5:12	5	36:57	34	36:57
Lap 11	3.25	20:04	6:10	7	6:04	59	20:03	35.75	3:09:19	5:17	5	43:00	38	43:00
Lap 12	3.25	19:58	6:08	8	6:08	53	6:08	39.00	3:29:17	5:21	5	48:56	42	48:56
Last lap Finish	3.25	19:54	6:07	6	6:52	58	6:52	42.25	3:49:11	5:25	5	55:19	41	55:19