



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Grebe, Sven

Club: KSV Baunatal

Number: 647

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:49:19

Speed: 11.05 km/h

Running performance: 5:26 min/km

Rank in course/Total: 45 (of 185)

Rank in course/Men: 42 (of 161)

Best time in course: 2:53:52

Rank in category: 9(of 40)

Best time in the category: 3:16:10

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:19	4:42	5	2:29	25	3:32	3.25	15:19	4:42	5	2:29	25	3:32
Lap 2	3.25	15:19	4:42	4	1:52	21	15:18	6.50	30:38	4:42	4	4:21	23	13:23
Lap 3	3.25	15:39	4:48	5	1:52	23	2:49	9.75	46:17	4:44	4	6:13	22	12:53
Lap 4	3.25	16:15	5:00	5	2:06	28	3:17	13.00	1:02:32	4:48	5	8:19	23	12:53
Lap 5	3.25	16:19	5:01	5	2:04	24	3:07	16.25	1:18:51	4:51	5	10:23	23	15:16
Lap 6	3.25	16:49	5:10	6	2:17	31	3:31	19.50	1:35:40	4:54	5	12:40	25	18:47
Lap 7	3.25	17:16	5:18	9	2:28	43	3:54	22.75	1:52:56	4:57	5	15:08	27	22:28
Lap 8	3.25	17:40	5:26	10	2:49	45	17:39	26.00	2:10:36	5:01	5	17:39	29	26:23
Lap 9	3.25	18:24	5:39	11	2:45	50	4:25	29.25	2:29:00	5:05	5	20:24	30	30:48
Lap 10	3.25	19:32	6:00	14	3:33	61	5:36	32.50	2:48:32	5:11	6	23:57	33	36:14
Lap 11	3.25	19:54	6:07	14	3:41	57	19:53	35.75	3:08:26	5:16	7	27:10	34	42:07
Lap 12	3.25	20:43	6:22	15	4:28	62	6:53	39.00	3:29:09	5:21	9	30:27	41	48:48
Last lap Finish	3.25	20:10	6:12	16	3:57	61	7:08	42.25	3:49:19	5:25	9	33:09	42	55:27