



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

Diepenbrock, Eddi

Club: Northwood Runners

Number: 623

Course: 42.25 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 3:50:59

Speed: 10.97 km/h

Running performance: 5:28 min/km

Rank in course/Total: 47 (of 185)

Rank in course/Men: 44 (of 161)

Best time in course: 2:53:52

Rank in category: 1(of 3)

Best time in the category: 3:50:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:34	5:24	2	1:51	69	5:47	3.25	17:34	5:24	2	1:51	69	5:47
Lap 2	3.25	16:47	5:09	2	1:07	56	16:46	6.50	34:21	5:17	2	2:58	59	17:06
Lap 3	3.25	16:25	5:03	1	-	38	3:35	9.75	50:46	5:12	2	2:58	51	17:22
Lap 4	3.25	16:35	5:06	1	-	34	3:37	13.00	1:07:21	5:10	2	2:37	49	17:42
Lap 5	3.25	16:31	5:04	1	-	31	3:19	16.25	1:23:52	5:09	2	1:32	47	20:17
Lap 6	3.25	16:32	5:05	1	-	27	3:14	19.50	1:40:24	5:08	2	0:05	44	23:31
Lap 7	3.25	17:05	5:15	1	-	35	3:43	22.75	1:57:29	5:09	1	-	41	27:01
Lap 8	3.25	17:43	5:27	1	-	47	17:42	26.00	2:15:12	5:11	1	-	43	30:59
Lap 9	3.25	18:15	5:36	1	-	46	4:16	29.25	2:33:27	5:14	1	-	44	35:15
Lap 10	3.25	18:49	5:47	1	-	46	4:53	32.50	2:52:16	5:18	1	-	43	39:58
Lap 11	3.25	19:52	6:06	1	-	56	19:51	35.75	3:12:08	5:22	1	-	45	45:49
Lap 12	3.25	20:00	6:09	1	-	55	6:10	39.00	3:32:08	5:26	1	-	46	51:47
Last lap Finish	3.25	18:51	5:48	1	-	41	5:49	42.25	3:50:59	5:28	1	-	44	57:07