



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schmalfuß, Olaf

Club: Team Klinikum Nürnberg

Number: 778

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:31:57

Speed: 8.69 km/h

Running performance: 6:41 min/km

Rank in course/Total: 185 (of 244)

Rank in course/Men: 144 (of 177)

Best time in course: 1:31:43

Rank in category: 7(of 10)

Best time in the category: 1:45:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:43	5:45	7	3:39	117	6:45	3.25	18:43	5:45	7	3:39	117	6:45
Lap 2	3.25	19:44	6:04	8	4:19	138	7:09	6.50	38:27	5:54	8	7:58	127	13:54
Lap 3	3.25	20:37	6:20	8	5:31	141	7:53	9.75	59:04	6:03	8	13:29	135	21:19
Lap 4	3.25	21:30	6:36	8	6:36	147	8:17	13.00	1:20:34	6:11	8	20:05	139	29:23
Lap 5	3.25	22:34	6:56	8	7:38	149	9:18	16.25	1:43:08	6:20	8	27:43	141	38:11
Lap 6	3.25	23:35	7:15	8	8:42	148	10:14	19.50	2:06:43	6:29	8	36:25	142	48:01
Last lap Finish	3.25	25:14	7:45	7	10:29	149	12:26	22.75	2:31:57	6:40	7	46:54	144	1:00:14