



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schmalfuß, Olaf

Club: Team Klinikum Nürnberg

Number: 778

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:31:57

Speed: 8.69 km/h

Running performance: 6:41 min/km

Rank in course/Total: 185 (of 244)

Rank in course/Men: 144 (of 177)

Best time in course: 1:31:43

Rank in category: 7(of 10)

Best time in the category: 1:45:03

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 18:43 | 5:45 | 7 | 3:39 | 117 | 6:45 | 3.25 | 18:43 | 5:45 | 7 | 3:39 | 117 | 6:45 |
| Lap 2 | 3.25 | 19:44 | 6:04 | 8 | 4:19 | 138 | 7:09 | 6.50 | 38:27 | 5:54 | 8 | 7:58 | 127 | 13:54 |
| Lap 3 | 3.25 | 20:37 | 6:20 | 8 | 5:31 | 141 | 7:53 | 9.75 | 59:04 | 6:03 | 8 | 13:29 | 135 | 21:19 |
| Lap 4 | 3.25 | 21:30 | 6:36 | 8 | 6:36 | 147 | 8:17 | 13.00 | 1:20:34 | 6:11 | 8 | 20:05 | 139 | 29:23 |
| Lap 5 | 3.25 | 22:34 | 6:56 | 8 | 7:38 | 149 | 9:18 | 16.25 | 1:43:08 | 6:20 | 8 | 27:43 | 141 | 38:11 |
| Lap 6 | 3.25 | 23:35 | 7:15 | 8 | 8:42 | 148 | 10:14 | 19.50 | 2:06:43 | 6:29 | 8 | 36:25 | 142 | 48:01 |
| Last lap Finish | 3.25 | 25:14 | 7:45 | 7 | 10:29 | 149 | 12:26 | 22.75 | 2:31:57 | 6:40 | 7 | 46:54 | 144 | 1:00:14 |