



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Beier, Annegret

Club: KOMPAKT - Schule mit Zukunft
Number: 12

Course: 9.75 km
10 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 51:25

Speed: 10.50 km/h
Running performance: 5:16 min/km

Rank in course/Total: 54 (of 220)

Rank in course/Women: 8 (of 94)

Best time in course: 40:57

Rank in category: 2(of 19)

Best time in the category: 49:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:29	5:04	2	0:10	10	3:32	3.25	16:29	5:04	2	0:10	10	3:32
Lap 2	3.25	17:16	5:18	2	0:49	8	17:15	6.50	33:45	5:11	2	0:59	9	16:47
Last lap Finish	3.25	17:40	5:26	2	1:02	13	3:34	9.75	51:25	5:16	2	2:01	8	10:28