



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schütze, Sara

Club: Schleiden

Number: 792

Course: 42.25 km

Marathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 3:58:12

Speed: 10.64 km/h

Running performance: 5:38 min/km

Rank in course/Total: 55 (of 185)

Rank in course/Women: 4 (of 24)

Best time in course: 3:31:50

Rank in category: 1(of 3)

Best time in the category: 3:58:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:28	5:22	1	-	5	1:58	3.25	17:28	5:22	1	-	5	1:58
Lap 2	3.25	17:22	5:20	1	-	4	1:32	6.50	34:50	5:21	1	-	4	3:28
Lap 3	3.25	17:25	5:21	1	-	4	1:24	9.75	52:15	5:21	1	-	4	4:52
Lap 4	3.25	17:28	5:22	1	-	4	0:59	13.00	1:09:43	5:21	1	-	4	5:51
Lap 5	3.25	17:47	5:28	1	-	4	1:39	16.25	1:27:30	5:23	1	-	4	7:30
Lap 6	3.25	17:59	5:31	1	-	4	1:37	19.50	1:45:29	5:24	1	-	4	8:51
Lap 7	3.25	18:09	5:35	1	-	4	1:50	22.75	2:03:38	5:26	1	-	4	10:24
Lap 8	3.25	19:24	5:58	1	-	5	2:53	26.00	2:23:02	5:30	1	-	4	13:17
Lap 9	3.25	18:35	5:43	1	-	4	2:31	29.25	2:41:37	5:31	1	-	4	15:48
Lap 10	3.25	19:09	5:53	1	-	5	2:42	32.50	3:00:46	5:33	1	-	4	18:30
Lap 11	3.25	19:32	6:00	1	-	5	2:46	35.75	3:20:18	5:36	1	-	4	21:16
Lap 12	3.25	18:57	5:49	1	-	3	2:16	39.00	3:39:15	5:37	1	-	4	23:32
Last lap Finish	3.25	18:57	5:49	1	-	5	2:50	42.25	3:58:12	5:38	1	-	4	26:22