



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Kahlich, Joseph**

Club: Northwood Runners

Number: 694

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:58:28

Speed: 10.63 km/h

Running performance: 5:38 min/km

Rank in course/Total: 56 (of 185)

Rank in course/Men: 52 (of 161)

Best time in course: 2:53:52

Rank in category: 7(of 13)

Best time in the category: 2:53:52

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	17:30	5:23	7	5:43	68	5:43	3.25	17:30	5:23	7	5:43	68	5:43
Lap 2	3.25	16:42	5:08	7	16:41	55	16:41	6.50	34:12	5:15	7	16:57	56	16:57
Lap 3	3.25	16:34	5:05	6	3:44	45	3:44	9.75	50:46	5:12	6	17:22	51	17:22
Lap 4	3.25	17:00	5:13	7	4:02	48	4:02	13.00	1:07:46	5:12	7	18:07	51	18:07
Lap 5	3.25	17:25	5:21	7	4:13	51	4:13	16.25	1:25:11	5:14	7	21:36	52	21:36
Lap 6	3.25	19:31	6:00	8	6:13	96	6:13	19.50	1:44:42	5:22	7	27:49	54	27:49
Lap 7	3.25	18:09	5:35	8	4:47	54	4:47	22.75	2:02:51	5:23	7	32:23	52	32:23
Lap 8	3.25	18:12	5:35	7	4:29	52	18:11	26.00	2:21:03	5:25	7	36:50	53	36:50
Lap 9	3.25	19:18	5:56	8	5:19	63	5:19	29.25	2:40:21	5:28	7	42:09	53	42:09
Lap 10	3.25	19:01	5:51	7	5:05	49	5:05	32.50	2:59:22	5:31	7	47:04	53	47:04
Lap 11	3.25	19:42	6:03	6	5:42	53	19:41	35.75	3:19:04	5:34	7	52:45	53	52:45
Lap 12	3.25	19:56	6:08	7	6:06	52	6:06	39.00	3:39:00	5:36	7	58:39	52	58:39
Last lap Finish	3.25	19:28	5:59	5	6:26	54	6:26	42.25	3:58:28	5:38	7	1:04:36	52	1:04:36