



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Greifelt, Anne

Club: LG Eder

Number: 67

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 51:47

Speed: 10.43 km/h

Running performance: 5:19 min/km

Rank in course/Total: 55 (of 220)

Rank in course/Women: 9 (of 94)

Best time in course: 40:57

Rank in category: 3(of 18)

Best time in the category: 45:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:15	5:00	3	2:18	6	3:18	3.25	16:15	5:00	3	2:18	6	3:18
Lap 2	3.25	18:05	5:33	4	2:40	19	18:04	6.50	34:20	5:16	3	4:58	12	17:22
Last lap Finish	3.25	17:27	5:22	2	1:26	8	3:21	9.75	51:47	5:18	3	6:24	9	10:50