



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Sperling, Mike

Club: TSG Glauchau

Number: 798

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:03:43

Speed: 10.40 km/h

Running performance: 5:46 min/km

Rank in course/Total: 65 (of 185)

Rank in course/Men: 60 (of 161)

Best time in course: 2:53:52

Rank in category: 12(of 40)

Best time in the category: 3:16:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	20:49	6:24	35	7:59	141	9:02	3.25	20:49	6:24	35	7:59	141	9:02	
Lap 2	3.25	19:25	5:58	29	5:58	126	19:24	6.50	40:14	6:11	34	13:57	137	22:59	
Lap 3	3.25	19:09	5:53	25	5:22	109	6:19	9.75	59:23	6:05	29	19:19	125	25:59	
Lap 4	3.25	19:54	6:07	26	5:45	119	6:56	13.00	1:19:17	6:05	28	25:04	124	29:38	
Lap 5	3.25	18:28	5:40	16	4:13	75	5:16	16.25	1:37:45	6:00	26	29:17	116	34:10	
Lap 6	3.25	18:37	5:43	14	4:05	71	5:19	19.50	1:56:22	5:58	25	33:22	110	39:29	
Lap 7	3.25	19:04	5:51	16	4:16	70	5:42	22.75	2:15:26	5:57	24	37:38	104	44:58	
Lap 8	3.25	18:27	5:40	12	3:36	56	18:26	26.00	2:33:53	5:55	23	40:56	96	49:40	
Lap 9	3.25	18:21	5:38	10	2:42	47	4:22	29.25	2:52:14	5:53	21	43:38	87	54:02	
Lap 10	3.25	18:26	5:40	10	2:27	40	4:30	32.50	3:10:40	5:51	19	46:05	79	58:22	
Lap 11	3.25	18:24	5:39	9	2:11	33	18:23	35.75	3:29:04	5:50	15	47:48	71	1:02:45	
Lap 12	3.25	17:48	5:28	6	1:33	21	3:58	39.00	3:46:52	5:49	13	48:10	65	1:06:31	
Last lap Finish	3.25	16:51	5:11	4	0:38	18	3:49	42.25	4:03:43	5:46	12	47:33	60	1:09:51	