



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Krüger, Gerd**

Club: Ilmenau

Number: 717

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:09:17

Speed: 10.17 km/h

Running performance: 5:54 min/km

Rank in course/Total: 72 (of 185)

Rank in course/Men: 67 (of 161)

Best time in course: 2:53:52

Rank in category: 14(of 40)

Best time in the category: 3:16:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:53	5:30	17	5:03	85	6:06	3.25	17:53	5:30	17	5:03	85	6:06
Lap 2	3.25	17:41	5:26	14	4:14	71	17:40	6.50	35:34	5:28	15	9:17	78	18:19
Lap 3	3.25	18:09	5:35	18	4:22	78	5:19	9.75	53:43	5:30	16	13:39	77	20:19
Lap 4	3.25	18:25	5:40	17	4:16	79	5:27	13.00	1:12:08	5:32	17	17:55	79	22:29
Lap 5	3.25	18:41	5:44	19	4:26	80	5:29	16.25	1:30:49	5:35	17	22:21	76	27:14
Lap 6	3.25	18:42	5:45	15	4:10	72	5:24	19.50	1:49:31	5:36	16	26:31	76	32:38
Lap 7	3.25	18:38	5:44	13	3:50	65	5:16	22.75	2:08:09	5:37	15	30:21	72	37:41
Lap 8	3.25	19:17	5:56	16	4:26	71	19:16	26.00	2:27:26	5:40	15	34:29	73	43:13
Lap 9	3.25	19:23	5:57	14	3:44	64	5:24	29.25	2:46:49	5:42	14	38:13	70	48:37
Lap 10	3.25	20:05	6:10	17	4:06	72	6:09	32.50	3:06:54	5:45	14	42:19	69	54:36
Lap 11	3.25	21:24	6:35	19	5:11	80	21:23	35.75	3:28:18	5:49	14	47:02	69	1:01:59
Lap 12	3.25	20:42	6:22	14	4:27	61	6:52	39.00	3:49:00	5:52	14	50:18	69	1:08:39
Last lap Finish	3.25	20:17	6:14	17	4:04	64	7:15	42.25	4:09:17	5:54	14	53:07	67	1:15:25