



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Fender, Norbert

Club: Rutesheim

Number: 633

Course: 42.25 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 4:09:33

Speed: 10.10 km/h

Running performance: 5:55 min/km

Rank in course/Total: 73 (of 185)

Rank in course/Men: 68 (of 161)

Best time in course: 2:53:52

Rank in category: 5(of 12)

Best time in the category: 3:31:08

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:45	5:46	7	4:15	104	6:58	3.25	18:45	5:46	7	4:15	104	6:58
Lap 2	3.25	17:53	5:30	7	3:13	83	17:52	6.50	36:38	5:38	7	7:28	98	19:23
Lap 3	3.25	18:10	5:35	7	3:17	81	5:20	9.75	54:48	5:37	7	10:45	90	21:24
Lap 4	3.25	18:20	5:38	5	3:27	78	5:22	13.00	1:13:08	5:37	7	14:12	85	23:29
Lap 5	3.25	18:59	5:50	6	3:55	92	5:47	16.25	1:32:07	5:40	6	18:07	85	28:32
Lap 6	3.25	18:26	5:40	5	3:08	68	5:08	19.50	1:50:33	5:40	6	21:15	83	33:40
Lap 7	3.25	19:16	5:55	5	3:45	76	5:54	22.75	2:09:49	5:42	6	25:00	80	39:21
Lap 8	3.25	18:49	5:47	5	2:40	63	18:48	26.00	2:28:38	5:43	5	27:40	77	44:25
Lap 9	3.25	20:03	6:10	5	3:04	73	6:04	29.25	2:48:41	5:46	5	30:44	77	50:29
Lap 10	3.25	19:24	5:58	4	2:04	56	5:28	32.50	3:08:05	5:47	5	32:10	72	55:47
Lap 11	3.25	20:55	6:26	5	3:14	72	20:54	35.75	3:29:00	5:50	5	35:01	70	1:02:41
Lap 12	3.25	20:54	6:25	4	2:41	64	7:04	39.00	3:49:54	5:53	5	37:30	70	1:09:33
Last lap Finish	3.25	19:39	6:02	5	3:02	56	6:37	42.25	4:09:33	5:54	5	38:25	68	1:15:41