



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Wilmes, Michael**

Club: Tus 08 Bilstein

Number: 834

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:18:54

Speed: 9.79 km/h

Running performance: 6:08 min/km

Rank in course/Total: 93 (of 185)

Rank in course/Men: 86 (of 161)

Best time in course: 2:53:52

Rank in category: 21(of 40)

Best time in the category: 3:16:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:54	5:30	18	5:04	87	6:07	3.25	17:54	5:30	18	5:04	87	6:07
Lap 2	3.25	17:19	5:19	12	3:52	62	17:18	6.50	35:13	5:25	14	8:56	71	17:58
Lap 3	3.25	17:29	5:22	12	3:42	61	4:39	9.75	52:42	5:24	13	12:38	64	19:18
Lap 4	3.25	18:00	5:32	13	3:51	66	5:02	13.00	1:10:42	5:26	14	16:29	63	21:03
Lap 5	3.25	18:17	5:37	14	4:02	70	5:05	16.25	1:28:59	5:28	14	20:31	66	25:24
Lap 6	3.25	18:22	5:39	12	3:50	67	5:04	19.50	1:47:21	5:30	14	24:21	68	30:28
Lap 7	3.25	18:43	5:45	14	3:55	66	5:21	22.75	2:06:04	5:32	13	28:16	66	35:36
Lap 8	3.25	19:36	6:01	18	4:45	78	19:35	26.00	2:25:40	5:36	13	32:43	68	41:27
Lap 9	3.25	21:28	6:36	24	5:49	100	7:29	29.25	2:47:08	5:42	15	38:32	71	48:56
Lap 10	3.25	21:59	6:45	21	6:00	95	8:03	32.50	3:09:07	5:49	17	44:32	75	56:49
Lap 11	3.25	22:48	7:00	23	6:35	105	22:47	35.75	3:31:55	5:55	18	50:39	78	1:05:36
Lap 12	3.25	23:44	7:18	25	7:29	110	9:54	39.00	3:55:39	6:02	19	56:57	83	1:15:18
Last lap Finish	3.25	23:15	7:09	25	7:02	108	10:13	42.25	4:18:54	6:07	21	1:02:44	86	1:25:02