



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Radziej, Knut

Club: Filderstadt

Number: 758

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:24:00

Speed: 9.60 km/h

Running performance: 6:15 min/km

Rank in course/Total: 99 (of 185)

Rank in course/Men: 92 (of 161)

Best time in course: 2:53:52

Rank in category: 16(of 30)

Best time in the category: 3:39:08

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:50	5:29	11	4:05	83	6:03	3.25	17:50	5:29	11	4:05	83	6:03
Lap 2	3.25	18:01	5:32	12	3:57	88	18:00	6.50	35:51	5:30	11	8:02	86	18:36
Lap 3	3.25	18:23	5:39	12	3:54	89	5:33	9.75	54:14	5:33	11	11:56	87	20:50
Lap 4	3.25	18:36	5:43	10	3:45	81	5:38	13.00	1:12:50	5:36	11	15:41	82	23:11
Lap 5	3.25	18:58	5:50	12	3:32	89	5:46	16.25	1:31:48	5:38	11	19:13	83	28:13
Lap 6	3.25	19:15	5:55	14	3:05	85	5:57	19.50	1:51:03	5:41	12	22:18	85	34:10
Lap 7	3.25	20:06	6:11	16	3:42	96	6:44	22.75	2:11:09	5:45	12	26:00	87	40:41
Lap 8	3.25	20:32	6:19	16	3:35	91	20:31	26.00	2:31:41	5:50	12	29:07	88	47:28
Lap 9	3.25	21:38	6:39	20	4:35	103	7:39	29.25	2:53:19	5:55	12	32:49	89	55:07
Lap 10	3.25	22:13	6:50	18	5:04	100	8:17	32.50	3:15:32	6:00	14	35:33	91	1:03:14
Lap 11	3.25	22:53	7:02	21	5:27	110	22:52	35.75	3:38:25	6:06	16	37:50	92	1:12:06
Lap 12	3.25	23:20	7:10	21	6:07	105	9:30	39.00	4:01:45	6:11	16	40:12	93	1:21:24
Last lap Finish	3.25	22:15	6:50	18	5:00	98	9:13	42.25	4:24:00	6:14	16	44:52	92	1:30:08